

Helicobacter Pylori

Bismuth quadruple therapy

1. TWO WEEKS OF BISMUTH BASED TREATMENT

LOCATIONS

Thompsons (Compounding), 962/964 Main Road, Eltham Vic 3093, 9439 9249, fax 9429 2525

Compounding Chemist Northcote, Northcote Plaza, 3 Separation Street, Northcote (near Australia post) 9489 8991

Medication	Instructions	Duration
Nexium 20mg	1 tablet morning and night	14 days
Bismuth (elemental) 107mg	1 tablets four times a day	14 days
Tetracycline 250mg	2 tablets four times a day	14 days
Metronidazole 400mg	1 tablets four times a day	14 days

~1 week of quadruple therapy = \$130-150

Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects may occur, if they do occur they may need medical attention. Check with your doctors if you experience any troublesome side effects.

Bismuth may cause dark tongue and/or grayish black stools. Constipation may also occur. This is only temporary and will go away when you stop taking this medicine

Tetracycline may cause skin sensitivity to sunlight, mild abdominal cramping and/or diarrhoea



Wait at least 4 weeks
before doing breath test

2. BREATH TEST

Breath test required to check if treatment was successful

- Needs to be done Fasting for 6 hours (no food or water)
- You cannot smoke for 6 hours prior to the test
- Need to be at least 7 days without being on nexium / losec / pariet / somac
- Need to be at least 30 days without being on any antibiotics

3. FOLLOW UP

Allow one week after breath test for follow up appointment with your doctor